

Mental health services in Home Group

– a quick guide to our service models.

Home Group provides something different that enables people recovering from mental health difficulties to live in the community, make a home and achieve a better quality of life again. The model we have developed has a foundation that is both psychologically and trauma informed, integrating psychological, social and health interventions to enable a meaningful and individualised recovery.

Community and outreach

Our community services offers access to short-term support to customers who need help with their mental and/or physical health and have been identified as benefiting from assistance to self-manage their health and wellbeing and increase their independent living skills

Crisis services

Our crisis services are designed to provide a short-term placement for people who have reached a level of crisis and distress that cannot be resolved in their home. People using our services need a safe place to regroup and re-stabilise with a knowledgeable and skilled team around them before they are supported to live back in their own home where possible..

Step down services

Our step down services are designed to support people who are recovering from a mental health crisis which may have led to short or long term in-patient care. A clinical environment is not always the best place for full recovery to take place and our community based service provides a place where people can get ready to move back to greater independence and their own home.

Social prescribing

Our social prescribing service enables GPs and other allied health professionals to refer patients to local, non-clinical services to meet their wellbeing needs. Support is as varied as the individuals who need it - everything from groups of friends meeting for a chat, peer support groups, online communities, clubs and informal hobby or activity groups, to sports, arts and culture activities as well as more traditional charity services such as information, advice and advocacy.

Trauma Informed services for people with a diagnosis of Personality Disorder

The model for this service can be flexible in negotiation with commissioners, but we aim to offer long term solutions for people who have a primary diagnosis of personality disorder. This group of people have often had traumatic lives and experiences leading to them spending time in out of area placements, forensic or offending histories and a lack of effective therapeutic input. At Home Group, we are aware of the complex needs of these customers and we work closely with you to provide tailored long term solutions.

Independent supported living (ISL)

Our ISLs are designed for customers who need support to live in the community in the short or long term. The level of this support is flexible and designed around customer and commissioner requirements. Some services are specialised for young people, whilst others are open to all ages.